



WEEK A BREAK ITEM INGREDIENTS



WEEK A

<p>SAUSAGE ROLLS</p>	<p>Water, WHEAT Flour, Pork (17%), Margarine [Palm Oil, Palm Stearin, Water, Rapeseed Oil, Salt, Emulsifier (E471), Acidity Regulator (E330), Lemon Juice], Rusk [WHEAT Flour, Salt, Raising Agent (E503ii)], Seasoning [Salt, SOYA Protein Concentrate, WHEAT Flour, Spices (Ginger, Nutmeg, White Pepper, Mace, Black Pepper), Sugar, Rusk (WHEAT Flour, Salt, Raising Agent (E503ii)), Preservative (Sodium SULPHITE), Emulsifier (E451), Onion Powder, Dextrose, Antioxidant (E301), Spice Extracts], Glaze [Water, Modified Starch, Rapeseed Oil, MILK Proteins, Emulsifiers (SOYA Lecithin, E471), Acidity Regulators (E339iii), Colour (E160a)], Pork Fat, Potato Starch, Salt, Yeast Extract. MAY CONTAIN NUTS.</p>
<p>PIZZA SLICES</p>	<p><u>Pizza Bases:</u> WHEAT Flour (71%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Rapeseed Oil, Pre-mix [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Sugar, Potassium Chloride, Salt, Emulsifier- Mono and Diacetyltartaric acid Esters of Mono- and Diglycerides of Fatty Acids, Flour Treatment Agent- Ascorbic Acid], Yeast. <u>Pizza Sauce:</u> Tomatoes (98%), Salt, Basil, Onion, Garlic, Pepper, Acidity Regulator (Citric Acid). <u>Mozzarella:</u> Pasteurised Full Fat MILK, Salt, Rennet, Starter. Added Ingredients - Potato Starch</p>
<p>BREAKFAST MUFFINS</p>	<p><u>Muffin:</u> Wheat Flour, (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (WHEAT), Salt, Yeast, SOYA Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (E472e), Preservative (E282), Flour Treatment Agent (E300). (MAY CONTAIN SESAME SEEDS) <u>White Mature Cheddar</u> (Cheddar cheese (MILK)). Pepperoni 1kg (1%) (Pork meat, pork fat, salt, dextrose, paprika, beetroot, acerola, garlic, rosemary, oregano, paprika extract, pepper, onion, coriander.).</p>
<p>CHEESY GARLIC BREAD</p>	<p>Ciabatta (WHEAT flour, water, RYE flour, yeast, salt, improver (WHEAT flour)). Filling {Margarine (vegetable fat and oil (palm, coconut, sunflower), water, emulsifiers (lecithin, E471), acidity regulator (E330)), garlic powder (9%), aromatic herbs, parsley}. <u>Mozzarella:</u> Pasteurised Full Fat MILK, Salt, Rennet, Starter. Added Ingredients - Potato</p>
<p>HOT DOGS</p>	<p><u>Petit Pain Rolls:</u> WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (E300). (MAY CONTAIN SESAME SEEDS) <u>Cumberland Sausages:</u> Pork(20%), chicken msm(18%), beef(12%), water, rusk (WHEAT flour, salt, e503-ii), pea starch, salt, herbs, emulsifier disodium diphosphate(e450a), WHEAT flour, flavour enhancer(e621), spices, flavouring preparation (spice & herb extracts), preservative(e223)(SULPHUR DIOXIDE). filled into a synthetic beef collagen casing.</p>



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CINNAMON WAFFLES	WHEAT flour, Margarine (palm fat, coconut fat, water, rapeseed oil, emulsifier (mono- and diglycerides of fatty acids)), sugar, water, EGGS , invert sugar, yeast, SOYA flour, salt, Cinnamon (<1%), Emulsifier (SOYA lecithin), Flavouring (Vanillin). MAY CONTAIN MILK.
CROISSANTS	Dough: WHEAT Flour (WHEAT Gluten, Flour Treatment Agent (Ascorbic Acid E300)), Butter(MILK)(20.5%), Water, Yeast, Sugar, Salt, Baking Improver (WHEAT Gluten, WHEAT Flour, Flour Treatment Agent (Ascorbic Acid E300)), EGG . Topping: EGG Wash. MAY CONTAIN NUTS.
PANCAKES	Water, WHEAT Flour (with Calcium Carbonate, Iron, Niacin & Thiamin), Sugar, Whey Powder (MILK), Vegetable Oil (Rapeseed), Cornflour, Buttermilk Powder (MILK) (1.24%), Raising Agents (E450i, E500), WHEAT Starch, Pasteurised Whole Free Range EGG , Sea Salt, Flavouring. <u>Nutella Portions:</u> Sugar, palm oil, HAZELNUTS (13%), fat reduced cocoa (7.4%), skimmed MILK powder (8.7%), whey powder (MILK), emulsifier: lecithins (SOYA), vanillin.
PAIN AU CHOC	Dough: WHEAT Flour (WHEAT Gluten, Flour Treatment Agent (Ascorbic Acid E300)), Butter (MILK)(18%), Water, Yeast, Sugar, Salt, Baking Improver (WHEAT Gluten, WHEAT Flour, Yeast, Flour Treatment Agent (Ascorbic Acid E300)), EGG . Chocolate Filling (16%)(min 41% Cocoa Solids): Sugar, Cocoa Mass, Cocoa Butter, Whole MILK Powder, Whey Powder (MILK), Skimmed MILK Powder, Emulsifier (SOYA Lecithin E322). Topping: EGG Wash. MAY CONTAIN NUTS & SESAME SEEDS
ONION RINGS	Onion (57%), WHEAT flour, Vegetable oil (sunflower), Starch (WHEAT , Corn, Tapioca), Salt, Gelling agent (E401), Dextrose, Yeast, Sugar, Thickeners (E407, E412), Raising agents (E450, E500).



WEEK B BREAK ITEM

INGREDIENTS



WEEK B

SAUSAGE ROLLS	Water, WHEAT Flour, Pork (17%), Margarine [Palm Oil, Palm Stearin, Water, Rapeseed Oil, Salt, Emulsifier (E471), Acidity Regulator (E330), Lemon Juice], Rusk [WHEAT Flour, Salt, Raising Agent (E503ii)], Seasoning [Salt, SOYA Protein Concentrate, WHEAT Flour, Spices (Ginger, Nutmeg, White Pepper, Mace, Black Pepper), Sugar, Rusk (WHEAT Flour, Salt, Raising Agent (E503ii)), Preservative (Sodium SULPHITE), Emulsifier (E451), Onion Powder, Dextrose, Antioxidant (E301), Spice Extracts], Glaze [Water, Modified Starch, Rapeseed Oil, MILK Proteins, Emulsifiers (SOYA Lecithin, E471), Acidity Regulators (E339iii), Colour (E160a)], Pork Fat, Potato Starch, Salt, Yeast Extract. MAY CONTAIN NUTS.
PIZZA SLICES	<u>Pizza Bases:</u> WHEAT Flour (71%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Rapeseed Oil, Pre-mix [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Sugar, Potassium Chloride, Salt, Emulsifier- Mono and Diacetyltartaric acid Esters of Mono- and Diglycerides of Fatty Acids, Flour Treatment Agent- Ascorbic Acid], Yeast. <u>Pizza Sauce:</u> Tomatoes (98%), Salt, Basil, Onion, Garlic, Pepper, Acidity Regulator (Citric Acid). <u>Mozzarella:</u> Pasteurised Full Fat MILK , Salt, Rennet, Starter. Added Ingredients - Potato Starch
BBQ CHICKEN WRAP	<u>SF Chicken Goujons:</u> Chicken breast (56%), WHEAT flour, Rapeseed oil, WHEAT semolina, Salt, Potato starch, Spice extract (Black pepper), Spices, WHEAT gluten, Modified Tapioca starch (E1442), Dietary fibres (Citrus, WHEAT), Dextrose, Raising agent (E500ii), Stabiliser (E450i), Modified WHEAT Starch (E1404), Yeast extract, Garlic Powder, Yeast. <u>BBQ Sauce:</u> Water, Tomato puree(12%), Sugar, Thickner (Modified Starch), Salt, Acidity Regulator (Acetic Acid), Spirit vinegar, Cane molasses, colour (ammonia caramel), smoke flavouring, preservative (potassium sorbate), spices and spice extracts, onion powder, sweeteners (aspartame, sodium saccharin). <u>Wraps:</u> Fortified WHEAT flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Raising Agents Sodium Carbonates (E500), Diphosphates (E450), Malic Acid (E296), Sugar, Salt, Processing Aids (Bakery Enzyme, Sodium Meta-bisulphite).
CHEESE & HAM PITTA BREAD	<u>Pitta Bread:</u> WHEAT Flour (Fortified with Calcium, Iron, Niacin, Thiamine), Water, Yeast, Salt, Calcium Propionate (Preservative E282). <u>Cheddar Cheese Slices:</u> Cheddar (MILK) <u>Ham Slices:</u> Pork leg, Salt, Dextrose, Emulsifiers (E451, E450), Antioxidant (E301), Preservative (E250) Made with 100g of Pork per 100g of finished product.
SMALL SAUSAGE ROLLS	INGREDIENTS: Water, WHEAT Flour, Pork (17%), Margarine [Palm Oil, Palm Stearin, Water, Rapeseed Oil, Salt, Emulsifier (E471), Acidity Regulator (E330), Lemon Juice], Rusk [WHEAT Flour, Salt, Raising Agent (E503ii)], Glaze [Water, Modified Starch, Rapeseed Oil, MILK Proteins, Emulsifiers (SOYA Lecithin, E471), Acidity Regulators (E339iii), Colour (E160a)], Seasoning [Salt, SOYA Protein Concentrate, WHEAT Flour, Spices (Ginger, Nutmeg, White Pepper, Mace, Black Pepper), Sugar, Rusk (WHEAT Flour, Salt, Raising Agent (E503ii)), Preservative (Sodium SULPHITE), Emulsifier (E451), Onion Powder, Dextrose, Antioxidant (E301), Spice Extracts], Pork Fat, Potato Starch, Salt, Yeast Extract. Wheat Flour contains Calcium carbonate, Iron, Niacin and Thiamin (MAY CONTAIN NUTS)



WEEK B BREAK ITEM INGREDIENTS



WEEK B

CINNAMON WAFFLES	WHEAT flour, Margarine (palm fat, coconut fat, water, rapeseed oil, emulsifier (mono- and diglycerides of fatty acids)), sugar, water, EGGS , invert sugar, yeast, SOYA flour, salt, Cinnamon (<1%), Emulsifier (SOYA lecithin), Flavouring (Vanillin). MAY CONTAIN MILK.
CROISSANTS	Dough: WHEAT Flour (WHEAT Gluten, Flour Treatment Agent (Ascorbic Acid E300)), Butter(MILK)(20.5%), Water, Yeast, Sugar, Salt, Baking Improver (WHEAT Gluten, WHEAT Flour, Flour Treatment Agent (Ascorbic Acid E300)), EGG . Topping: EGG Wash. MAY CONTAIN NUTS.
PANCAKES	Water, WHEAT Flour (with Calcium Carbonate, Iron, Niacin & Thiamin), Sugar, Whey Powder (MILK), Vegetable Oil (Rapeseed), Cornflour, Buttermilk Powder (MILK) (1.24%), Raising Agents (E450i, E500), WHEAT Starch, Pasteurised Whole Free Range EGG , Sea Salt, Flavouring. <u>Nutella Portions:</u> Sugar, palm oil, HAZELNUTS (13%), fat reduced cocoa (7.4%), skimmed MILK powder (8.7%), whey powder (MILK), emulsifier: lecithins (SOYA), vanillin.
PAIN AU CHOC	Dough: WHEAT Flour (WHEAT Gluten, Flour Treatment Agent (Ascorbic Acid E300)), Butter (MILK)(18%), Water, Yeast, Sugar, Salt, Baking Improver (WHEAT Gluten, WHEAT Flour, Yeast, Flour Treatment Agent (Ascorbic Acid E300)), EGG . Chocolate Filling (16%)(min 41% Cocoa Solids): Sugar, Cocoa Mass, Cocoa Butter, Whole MILK Powder, Whey Powder (MILK), Skimmed MILK Powder, Emulsifier (SOYA Lecithin E322). Topping: EGG Wash. MAY CONTAIN NUTS & SESAME SEEDS
ONION RINGS	Onion (57%), WHEAT flour, Vegetable oil (sunflower), Starch (WHEAT , Corn, Tapioca), Salt, Gelling agent (E401), Dextrose, Yeast, Sugar, Thickeners (E407, E412), Raising agents (E450, E500).