



Herne Bay High School

Specialist Sports College

Bullockstone Road, Herne Bay, Kent CT6 7NS
☎ 01227 361221 ✉ principal@hernebayhigh.org



17th March 2020

Dear Parents / Carers,

Welcome to the next update from Herne Bay High School which is intended to support and guide you in these testing times. Yesterday (16/03/2020), the government updated their guidance for:

- people with symptoms that may be caused by coronavirus, and do not require hospital treatment, who must remain at home until they are well, and
- those living in households with someone who shows symptoms that may be caused by coronavirus

This very detailed guidance is entitled, **'Stay at home: guidance for households with possible coronavirus (COVID-19) infection'** and can be accessed here ~

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Please could I ask you to pay particular attention to the section entitled, **'Ending self-isolation and household-isolation'** which is at the bottom of the guidance and details how long people need to isolate after having displayed symptoms of coronavirus (COVID-19), with the most common symptoms being a new continuous cough and/or a high temperature. Clicking this link will direct you straight to this section - <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection#ending-isolation>

Please see below for the NHS guidance (<https://www.nhs.uk/conditions/coronavirus-covid-19/>) regarding staying at home if you have coronavirus symptoms which supplements the government advice given above:

Stay at home if you have coronavirus symptoms

Stay at home if you have either:

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Testing for coronavirus is not needed if you're staying at home.

How long to stay at home

- if you have symptoms, stay at home for 7 days
- if you live with other people, they should stay at home for 14 days from the day the first person got symptoms

If you live with someone who is 70 or over, has a long-term condition, is pregnant or has a weakened immune system, try to find somewhere else for them to stay for 14 days.

If you have to stay at home together, try to keep away from each other as much as possible.

Read our [advice about staying at home](#).



Herne Bay High School

Specialist Sports College

Bullockstone Road, Herne Bay, Kent CT6 7NS
☎ 01227 361221 ✉ principal@hernebayhigh.org



To clarify what this all means:

If a child develops any of the coronavirus symptoms they are to stay home for 7 days, however anyone else who lives with the child, including their brothers and sisters, must stay at home for 14 days from the day that the child first developed symptoms.

This may conflict with advice that you have previously been given, however as you may appreciate, the guidance is changing rapidly and we are trying to update you as quickly as possible.

I am aware that if your child has to stay at home, and isn't poorly, you will be concerned that they will be missing out on their learning. Therefore, our staff will be uploading work for those students via the Show My Homework ICT system.

In order to maintain the safest possible environment in school, I have taken the decision to cancel or postpone all activities either before or beyond the school day. The only exception being the revision/intervention sessions for Year 11 and Year 13 which will continue to run.

We continue to follow government advice and will remain open, however we may need to establish some revised internal approaches as a result of staff/student absence.

These are challenging times, however we will get through this by all working together and supporting one another.

Take care and with kindest regards,

Jon Boyes
Principal