



Cambridge National L2 Certificate in Sports Studies

Course description

The Cambridge National Certificate in Sports Studies is a practical, work-related course which is equivalent to 1 GCSE grade. You learn by completing projects and assignments based on realistic sporting situations.

You will study 4 units:

Externally assessed unit (hand written exam paper).

Contemporary issues in sport *

- Issues affecting participation in sport
- Role of sport in promoting values
- Hosting major sporting events
- The role of national governing bodies

Developing sports skills

- Using skills, techniques and tactics as an individual and team performer
- Officiating
- Reviewing sports performance and applying practice methods

Sports Leadership

- Qualities, styles, roles and responsibilities of effective sports leadership
- Plan, deliver and evaluate a sports session

Developing knowledge and skills in outdoor activities

- Know about different outdoor activities
- The value of participation
- Plan and demonstrate knowledge of skills

What type of person would enjoy this course? Someone ...

- who enjoys practical learning
- with a keen interest in participating in different sports and developing their sports leadership skills
- who wants to learn more about contemporary issues in sport
- who can work independently and within team situations
- who may be thinking of a career in the sports or outdoor education industry or physical education
- who may be thinking of taking further sports-related courses after Year 11



Head of Department
Mr C Scorer



Exam Board
OCR



Number of timetabled periods per fortnight:
6



Equivalent number of GCSEs awarded:
1



Exam Board website
[Sports Studies](#)
School website
[HBHS PE Dept.](#)

Assessment

Coursework (75%) &
External Exam (25%)

