



Herne Bay High School

Specialist Sports College

Bullockstone Road, Herne Bay, Kent CT6 7NS

☎ 01227 361221 ✉ principal@hernebayhigh.org



07.12.2020

Dear Parents/Carers,

Extension to current period of isolation
Requirement for your Year 11 Child to Self-Isolate up to and including
Wednesday 16th December 2020

We have been advised today (Monday 7th December) that there has been another confirmed case of COVID-19 within the Year 11 bubble.

As a result of this positive case, we have worked with Public Health England (PHE) and the Department for Education and have identified that your child has been in close contact with the affected case.

In line with the national guidance and advice received from the PHE, we have been advised that **your child's period of self-isolation must be extended and they must now stay at home and self-isolate up until and including Wednesday 16th December 2020.**

We have made the decision that as we break for the Christmas holidays on Friday 18th December at 1200 midday – which is just a day and half after the point where Year 11 can return to school, that it would be prudent for all Year 11 students to continue with their virtual learning throughout the entire week beginning 14th December. **As such Year 11 will return to school after the Christmas holidays on Tuesday 5th January.**

I shared the following information with you in my letter of 02.12.2020, however, to reiterate:

Your child must not come to school or go to any public areas: your child must remain at home.

Please note that we have been informed that a number of Year 11 students haven't been staying at home whilst they should be isolating, as such we wish to reiterate that it is vital that anyone who is isolating stays at home for the full period of their isolation in order to reduce the risk of transmission of the virus and in order to keep our community safe.

Further details of what your child needs to do are in NHS Guidance:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/nhs-test-and-trace-if-youve-beenincontact-with-a-person-who-has-coronavirus/>

We are asking your child to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council.

Other members of your household, other than your Year 11 child, can continue normal activities provided your child does not develop symptoms within the self-isolation period.

If your Year 11 child has any siblings, they should continue as normal and continue to attend school.

If your child is well at the end of the period of self-isolation, then they can return to usual activities.



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What to do if your child develops symptoms of COVID 19

- If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will
- be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirustest> or by calling 119.
- If your child develops symptoms of COVID-19, please inform the school immediately. If your child develops symptoms of COVID-19, all other household members who remain well, must stay at home, and not leave the house for 14 days. This includes anyone in your 'Support Bubble' - The 14-day period starts from the day when the first person in the house became ill.
- If your child develops symptoms of COVID-19, household members should not go to work, school or public areas and exercise should be taken within the home.
- If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.
- Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.
- If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.
- Further information is available at: <https://www.gov.uk/government/publications/covid-19-stayathome-guidance/stayat-home-guidance-for-households-with-possible-coronavirus-covid-19infection>

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.



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How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

In term of your child's learning

As is already the case for Year 11, and as you will know, during your child's period of isolation, your child's teachers will be delivering live online lessons using Microsoft Teams as per your child's normal timetable, as such they will be expected to access all their virtual classes for each day that they are in isolation, thus they will have 6 virtual lessons a day – these Microsoft Teams lessons can be accessed via a computer, tablet or phone.

In addition, your child will also be expected to access their morning and afternoon mentor times each day at 0835 and 1500 via Microsoft Teams. Registers will be taken for mentor times and every lesson just as they would be if your child were physically in school.

I am sure you will agree it is vital that your child's learning is not compromised by this period of isolation and I am sure you will support your child and the school in ensuring that they access all their online mentor times and lessons whilst they are in isolation.

Yours sincerely,

Jon Boyes
Principal