



# Herne Bay High School

## Specialist Sports College

Bullockstone Road, Herne Bay, Kent CT6 7NS

☎ 01227 361221 ✉ [principal@hernebayhigh.org](mailto:principal@hernebayhigh.org)



02.12.2020

Dear Parents/Carers,

## **FOR INFORMATION ONLY FOR PARENT/CARERS OF** **YEAR 7,8,9,10,12 and 13 students** **NO ACTION REQUIRED**

We have been made aware today of a Year 11 student in our school community who has tested positive for COVID 19.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The parents/carers of all Year 11 students who have been in close contact with the individual who has tested positive for coronavirus (COVID-19) have been contacted to inform them that their child must self isolate up until 11<sup>th</sup> December, as it has been identified that their child has been a close contact of the student who has tested positive.

Please reassured that **your child has NOT been identified as being a close contact** of the person who has tested positive for coronavirus (COVID-19).

The school remains open and your child should continue to attend as normal as long as they remain well.

**A reminder please that Year 9 and 13 students are required to self-isolate until Friday 4<sup>th</sup> December at which time their own period of isolation ends.**

We would ask that you do not discuss any cases or possible cases on social media rather please contact us if you have any concerns.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test-or-by-calling-119>.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stayat-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>



# Herne Bay High School

## Specialist Sports College

Bullockstone Road, Herne Bay, Kent CT6 7NS

☎ 01227 361221 ✉ [principal@hernebayhigh.org](mailto:principal@hernebayhigh.org)



The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>.

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

**Further information** is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

**Jon Boyes**  
**Principal**